



Bike Walk Scoot Club Make it part of the school day

Bike Walk Scoot parents' questionnaire

Overleaf is a questionnaire which we would like you to complete.

Everyone knows there are health benefits to regular exercise for children (and adults) but we also know that people have concerns that can stop them benefitting from active journeys to and from school.

Does your trip to school work for you?

Sometimes these are practical issues to do with onward journeys or lack of walking routes and we might be able to make changes which would help.

Some may be misconceptions.

Here are some useful facts:

- Most children asked would prefer to walk, cycle or scoot to school.
- 15 minutes brisk walk twice a day helps a child sleep better at night – as well as maintain a healthy weight.
- Health benefits of cycling outweigh the risks 10 to 1.
- Children who have had an active journey to school arrive more alert, calm and ready to learn.
- The earlier children learn to walk or cycle, the safer they are when they travel alone later on.
- More of the children seriously injured on Norfolk roads are in cars than on foot or bike.

We would like to better understand how you travel to school to see how we can help make it easier for your children to benefit from active journeys to and from school. We would be grateful if you could complete the questionnaire overleaf and return it to the school.

Privacy statement

Broadland District Council takes your privacy very seriously. We provide the following information in compliance with data protection legislation.

What we do with your data: When you provide the above data to your school, Broadland District Council will be provided with the details concerning your postcode only. We will use this to plot the distances people travel to your school from on a map. We will then hand this data back to your school. We will not use your data for any other purposes. Please contact your school if you have any questions about how they process your data.

Under data protection legislation you may have the right to request access to, rectification, restriction, erasure and portability of your data. You can contact our Data Protection Officer e: dpo@broadland.gov.uk You also have the right to lodge a complaint with the regulator, the Information Commissioner's Office.



Bike Walk Scoot Club **Make it part of the school day**

Bike Walk Scoot parents' questionnaire **Your post code:**

We are working in partnership with Broadland District Council and Norfolk County Council Road Safety Team to develop a project to enable more children to walk/cycle or scoot to school. Please help us identify ways that we can help you to help your child participate in the project. State your postcode above if you consent to Broadland District Council using this data to plot the distances/directions people travel to school. You will not be identified personally.

How does your child get to and from school on most days (tick the one that applies most days)?

Car to the school: Car part of the way, then walk/bike/scoot: Walk from home:

Other - please state: _____

If the journey is usually made by car, please tick the reason why:

- It is quicker more convenient:
- It is on the way to and from work:
- There is no other transportation:
- The weather is bad:
- It is too far to walk (over ½ mile):
- My children are too young to walk to school either accompanied or alone:
- I drop off / pick up other children at another school:
- I have concerns about road safety:
- I have concerns about 'stranger danger':
- I or my child has a disability which means walking is not an option:

If your child/children said they wanted to walk/scoot/cycle to school would you:

a) Want to help them do so: Yes No b) Be able to help them do so: Yes No

If the answer to (B) is no, what would stop you doing this? Please specify:

What help would you need to change this to a yes?

If you are not able to walk/cycle/scoot the whole way, would you be willing to do so for a short distance?

Yes No Maybe

Would you support this project by working with us – we are looking for parents to champion walking/cycling/scooting to school by getting involved in the project development and delivery.

Yes No Maybe

If you consent to us contacting you to support this project, please give your name and email address so we can make contact with you. This information will only be shared between Broadland District Council and the School.

Name: _____ e: _____

Please give details of any ideas or suggestions you wish to put forward for us to consider which may help the success of this project.
