

Have you heard about the Herbert Protocol?

Someone who has dementia, memory loss or other communication difficulties may be at risk of going missing. The Herbert Protocol document provides information about a person that can help others to build a better understanding of who the person is, and help to locate them quickly should they go missing.

What is it?

The Herbert Protocol Missing Person Incident form is designed to make sure that, if someone goes missing, the police can get access to important information about that person as soon as possible. Please read our introductory letter

We understand that this can be a deeply upsetting time for those involved, and that being asked by a police officer to remember all sorts of different information can add to this worry. These forms, and the information they contain, are designed to help remove some of that stress.

When should I complete this?

As soon as possible.

The form can be completed at your leisure, with no time pressure or urgency. That said, the sooner the form is ready, the quicker it can be used if needed.

When you have completed the form, please keep it in a prominent position – and make sure relatives and carers know where it is and that you are part of The Herbert Protocol.

THE HERBERT PROTOCOL

Safe & Found

Perhaps you might want to make a copy of the information form for another relative, friends or neighbours.

How much detail is needed?

While sometimes more information is better, police officers want an overview rather than in depth detail. So while we need to know some key information, we don't need to know everything. If you are writing the information by hand, please try to make sure that it is easily readable for someone perhaps not used to your handwriting. You don't have to complete everything.

What will happen to this information when I have completed the form?

There is no need for the police or anyone else to have access to this information unless the person to whom it refers goes missing. You keep the information and hand it over when the police need it – it will be used to help the police to find your loved one as soon as possible, and nothing more.

For further details, and to access the form please visit:

<https://www.norfolk.police.uk/advice/personal-safety/missing-people>

Get together with Meet Up Mondays

Meet up Mondays is a national initiative to get people together in their local community in a combat against loneliness.

Mike of The Alexandra Pub in, Wimbledon started it after opening its doors to people on Christmas Day - they now have 60 people who drop in on Monday for a chat over a cup of tea.

Meet Up Mondays launched in Norfolk last month and two successful events have already been held in Norwich. Now others have been inspired to start their own groups and there is one starting in Brundall on August 6 at 10am.

If you are interested in starting or attending a Meet Up Mondays group, please visit the Facebook page www.facebook.com/MeetUpMondaysNorfolk



BOPP news

An Independent Group

Broadland Older People's Partnership Newsletter July 2018

Chairman's comments

It's not long to go now until our meeting at Gage Road on July 20. We will be using the same format we used at our last open meeting at the St Andrews Centre on Thunder Lane, featuring a panel who give ten minute talks followed by a question and answer session.

As this next meeting is our Annual General Meeting, I have to inform you all that I will be

standing down as Chairman. I have now been in the role for three years and I feel it's time for someone else to step up.

I will not, however, be leaving the committee. This gives me the chance to thank committee members for their support over this period - I have enjoyed the challenges. Also I would like to take this opportunity to thank you, the members, for

your support over the last few years. It has been an enjoyable experience to say the very least, I look forward to seeing many of you at the AGM at Gage Road on July 20.



Julian Rudd, BOPP Chairman

BOPP Open Public Meeting and AGM

Decisions at the End of Life (part two)

This is another chance to learn more about end of life decision-making at this information session. You will be able to ask professionals questions and debate issues important to you.

9.30am Friday 20th July 2018
Gage Road Chapel, Sprowston, NR7 8BN

Speakers:

- John Brown, Funeral Director
- Robin Watson, Civil Funeral Celebrant
- Anna Farrar, NHS Palliative Care Specialist
- Maggie Tween, NHS new Yellow Folders
- Will Cason, Hansells Solicitors, Wills and Probate

The discussion session will be followed by a light buffet lunch and the BOPP AGM.



Launching Survey on Adults Safeguarding: are we doing enough?



A survey has been launched to understand safeguarding concerns in Norfolk. The independent Norfolk Adult Safeguarding Board, which is made up of agencies working together to tackle abuse, want to hear from as many people as possible to get a clear picture of how best to protect vulnerable adults.

Joan Maughan, independent chair of the Safeguarding Adults Board, said: "This is a great opportunity to really find out how people and organisations recognise all the different types of abuse and neglect that can happen to any vulnerable adult from any background. It is crucial that we regularly review how we provide safeguarding services to ensure we support and protect vulnerable adults effectively."

The 'Keeping Adults Safe from Abuse and Neglect' survey is anonymous. No one will be identified by their answers and participation is voluntary. Participants can skip questions or opt out entirely.

In 2016 an adults safeguarding survey of 752 people showed that, if they had witnessed any

kind of adult abuse and were prepared to report it:

- 35.77% would contact the Police
- 36.17% would contact Norfolk Safeguarding Adults Board
- 11.57% would contact Norfolk County Council
- 3.05% would tell a carer/support worker
- 2.66% would tell a friend or family member

However, another 123 people would not have reported a form of abuse that they had personally witnessed with 53% declaring that they would not have known where to report the incident.

This follow-up survey will help to inform the Norfolk Safeguarding Board whether people in Norfolk have an increased understanding and whether previous campaigns have resonated with the public.

The link to the survey can be accessed on the home page of the Norfolk Adult Safeguarding Board:
www.norfolksafeguardingadultsboard.info

The closing date is Monday 9 July at 5pm.

The last BOPP open meeting helped members with decisions people might have to make at the end of their lives.

Held on April 20, the meeting welcomed panellists Chloe Smith MP, Linda Mathews, Will Carson, Rev Helen Garrard, Maggie Tween and Ann Burrows.

It took a new format, with panellists giving a brief introduction of their expertise, followed by a longer session for members to ask questions and an open debate, with all panellists taking part.

The meeting was attended by about 35 members and Chloe Smith got in touch afterwards to say she found the meeting helpful and that she wished to support BOPP.

Call in Time

is a free and friendly telephone service for people aged 60+ who would benefit from a regular telephone chat.

Not having someone to talk to regularly can be lonely and isolating, particularly if you're used to sharing your home and time with others. A friendly, weekly 30-minute chat on the phone can make all the difference.

We are keen to reach more older people, so if you are interested in the service, please call 0800 434 6015 to sign up.

For more information, visit www.ageuk.org.uk/services/befriending-services

Grants available for adult carers

Carers Trust currently has a grant fund open for individual adult carers, aged 16+.

Carers can apply for grants of up to £300 for items or activities that will benefit them in their caring role, such as

- Breaks for carers, with or without the person they care for

- Items for the home including cookers, fridges, beds and washing machines
- Driving lessons and other travel costs relating to caring roles
- Courses and materials to develop carers' skills and personal development
- Home repairs

- Short-term or time limited replacement care

To apply contact your local carer services so they can advise you. They will need to complete a supporting statement for you on the application form.

<https://carers.org/article/grants-available-carers-trust>

Your guide to care and support for adults 2018/19

The latest version of this booklet is now available and has just been updated to include a range of new resources. It contains lots of useful information to enable people to stay independent in their own homes for as long as possible.

There is information about how to get help and support, the type of services available and details of other organisations which can help. It is available free in libraries, GP surgeries, hospitals, and other places across Norfolk.

The Guide is available online to download as a PDF, or as an eBook at www.norfolk.gov.uk/careservices or for a free copy please contact Norfolk County Council Customer Service Centre on 0344 8008020.

BOPP Open Public Meeting and AGM

Decisions at the End of Life (part two)

9.30am Friday 20th July 2018
Gage Road Chapel, Sprowston, NR7 8BN

Programme

- 9.30 Registration coffee/tea
- 10.00 Chairman's welcome
- 10.05 John Brown
- 10.15 Robin Watson
- 10.25 Anna Farrar
- 10.35 Maggie Tween
- 10.45 Will Cason
- 10.55 Coffee/tea, biscuits
- 11.15 Question time
- 12.30 Light lunch
- 1.30 BOPP AGM

