15 MILE CYCLE TOUR
Around Swannington

Directions
This 15-mile circular tour begins in Alderford which is 7 miles northwest of Norwich. From the Norwich outer Ring Road, take the road signed Hellesdon for about 6 miles. At Alderford you will cross over a small bridge and where the road bends to the right, go straight ahead, signed Lenwade, towards the church. This is where the tour begins.

1. Continue along the road towards the parish of Lenwade, passing Great Witchingham Hall on your left, now the Bernard Matthews headquarters.

2. Take the next right turn signed Little Witchingham and follow the road for just over ½ mile.

3. Turn right at its end, then take the next left into the parish of Little Witchingham.

4. Follow this road to its end and turn left, signed Reepham.

5. Take the right turn into Church Road. Continue along this road passing the impressive Booton Church, also known as the Cathedral of the Fields.

6. After a mile, turn right at the crossroads and take the second left. Follow the road signed Haveringland through part of the former World War II airfield with its disused buildings on the right.

7. At its end turn right signed Norwich. Continue along this road into the village of Haveringland. The road bends to the left where the old village stocks can be seen on the right. Follow the road uphill and out of the village for another mile.

8. At the end of this road turn right, signed Felthorpe.

9. Continue along this road and out into the countryside towards Lenwade. At the crossroads turn right, signed Swannington. Follow this road for 1¼ miles passing Swannington Common on the right at the small hamlet of Upgate.

10. As the road comes into the village it bends to the right and goes downhill. At the road junction go straight ahead, signed Norwich, into the village.

11. After the church take the next left into Kett’s Lane.

12. Follow this lane for a mile through the countryside and at the end of the road turn left. Continue downhill through rolling countryside back towards Alderford and the start of the tour.

Care and consideration when in the countryside:
• Enjoy the countryside and respect its life and work
• Guard against all risk of fire
• Fasten all gates
• Keep dogs under close control
• Keep to public paths across farmland
• Use gates and stiles to cross fences, hedges and walls
• Leave livestock, crops and machinery alone
• Take special care on country roads
• Take your litter home
• Help to keep all water clean
• Protect wildlife, plants and trees
• Make no unnecessary noise

Useful telephone numbers
Broadland District Council (Tourism) – 01603 430496
Norfolk County Council (path maintenance) – 0344 800 8020

If you would like this information in a different format, such as large print, audio, Braille or in a different language please call (01603) 431133 and we will do our best to help.

Useful websites
www.sustrans.org.uk
www.cyclinguk.org
www.tourdebroads.com
www.norfolkbroadsflying.co.uk
http://maps.norfolk.gov.uk/trails/
www.visitnorfolk.co.uk
www.norfolkchurches.co.uk
www.visitchurches.org.uk
www.nationaltrust.org.uk/blickling-estate