Swannington is seven miles northwest of Norwich just off the Norwich to Reepham road. There is no special provision for car parking so please leave your car in a position where it will not cause an obstruction or annoyance to other road users. Please take suitable clothing and footwear.

Directions
The four-mile walk begins at the village water pump in Swannington. This thatched pump was erected in 1888 in memory of Hastings Parker and his wife who lived at the Manor House. Continue along the road with the pump on your left, passing the Old Rectory on the right. Just opposite the church turn left through a large gateway. Follow the gravel track which bears to the left before Swannington Manor and then to the right and continue towards woodland. Once past the farm buildings on your right, turn right, then left, taking the grassy path through Hengrave Common. Follow the main path passing the rear of Swannington Manor, whose gardens are famous for the 300-year-old yew and box topiary hedge which is clearly visible.

At the road turn right. This is Kett’s Lane, named after Robert Kett who lead the Peasant’s Revolt in Norfolk and was reputedly captured in a barn nearby. At the road junction turn right and then take the left turn into Church Lane just after the lovely 13th-century St Margaret’s Church. Continue down this lane passing Swannington Hall on the right. Traces of the former moat can still be seen here. Veer right (1) and follow the road to Woodlands Farm, where the lane turns right immediately in front of the farm buildings and becomes a rough track. Just past Nut Pit Farm turn left through a wooden gateway on to a wide path at the edge of a field. The path bears right across the field corner and joins a hedged lane. Turn right along the lane that passes through a wooden gate and goes into a wood, soon meeting a stream. Go over a wooden bridge and turn immediately right. Continue over boardwalks over the wetter areas. Stay on this main path alongside the stream ignoring any side paths.

Eventually the path meets an open grass area known as Upgate Common; here turn right and continue to the road. At the road (2) turn right and continue past a row of houses on the left. Do not turn left into Winch’s Way but just past the Upgate sign turn left along a track. The track continues between fields with good views of the surrounding countryside.

And back to the start
On reaching the road turn right and follow the road back to Swannington and the start of the walk.
If you encounter any difficulties while undertaking this walk please call either of the numbers below.

Swannington
A four-mile scenic walk

Care and consideration when in the countryside

Please take care when Out & About in the countryside:

• Enjoy the countryside and respect its life and work.
• Guard against all risk of fire.
• Fasten all gates.
• Keep dogs under close control.
• Keep to public paths across farmland.
• Use gates and stiles to cross fences, hedges and walls.
• Leave livestock, crops and machinery alone.
• If there is no pavement on the highway, walk on the right-hand side of the road facing oncoming traffic.
• Take special care on country roads.
• Take your litter home.
• Help to keep all water clean.
• Protect wildlife, plants and trees.
• Make no unnecessary noise.

The ‘Out & About’ walks have been produced to enable you to explore and enjoy the Broadland district - its unique countryside and charming towns and villages.

Paths and roads used on this walk can be found in greater detail in the Ordnance Survey Landranger 133 or Explorer 238 map. www.ordnancesurvey.co.uk

If you encounter any difficulties while undertaking this walk please call either of the numbers below.

(01603) 430496
0344 800 8020

VisitBroadland
visitbroadland.co.uk

Norfolk County Council
0344 800 8020